

# OUR SERVICES

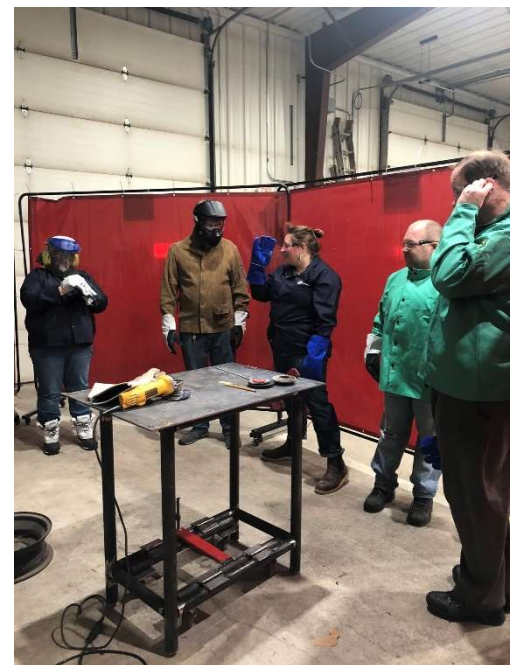


# ABOUT US

We provide social, recreational, prevocational and employment services to individuals with a wide range of abilities. We believe in turning challenges into opportunities and that people of all abilities deserve the opportunity to live a life filled with purpose.



The people we support, as well as staff, guest artists, and volunteers are provided with the opportunity to develop partnerships built on collaboration, learn new skills, share passions and talents, and engage with a larger community.



# CHOICES

HCDAC provides innovative programs and services that are individualized to meet the specific goals and needs of each participant. Our creative and professional staff work with you to determine which of the following opportunities best align with the life you choose:

- Employment Services- Paths to traditional, center based, group, and independent employment
- Day Support Services- Develop new life enrichment skills
- Creative Arts- Opportunities with our Studio Art Program and The Tin Ceiling Gallery
- Integrated education and volunteer opportunities
- Support for personal development and increasing self sufficiency
- Self-Advocacy building



# EXPERIENCES

At HCDAC, you will be welcomed into an environment that encourages and empowers you to expand your world. Our goal is to provide respectful, professional and compassionate support as we work with you to understand your unique strengths, interests, and goals.

Our person-centered Day Support Services help people with intellectual and developmental disabilities, pervasive mental illness, and related conditions to develop and maintain life skills so they can live the life they choose. We support individuals in engaging and becoming involved in activities of their choice, identify resources, and build natural supportive relationships.



We provide opportunities to explore a range of unique experiences, Including:

- Individual assessment with person centered planning
- Positive behavior support planning
- Employment activities
- Exercise and physical therapy
- Social/recreational activities in our center or out in the community
- Arts Exploration – We offer a fine arts studio program to help explore, learn, create art for recreation or vocation in our Studios or the Tin Ceiling Gallery
- Welding and Woodworking training



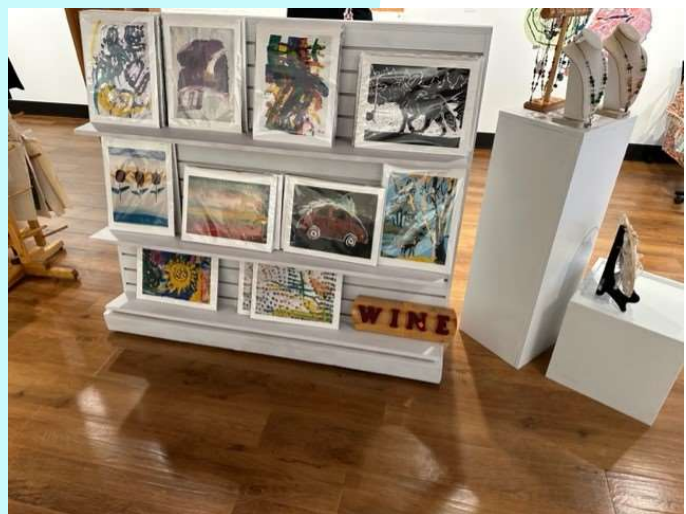
# ART EXPLORATION

Programming also includes access to our Fine arts studio art program. The art exploration program offers individuals the opportunity to try new things in a safe environment with trusted teaching artists. Teaching artists develop programming to provide technical skills, materials and the instruction to help HCDAC artists express themselves through art. Options include:

- Painting
- Drawing
- Digital art
- Screen printing
- Mono printing
- Wood working
- Metal working
- Papermaking
- Ceramics
- Glass fusion



Artists also have the opportunity to exhibit and sell their art at the Tin Ceiling Gallery.



## Seeking and Finding Employment

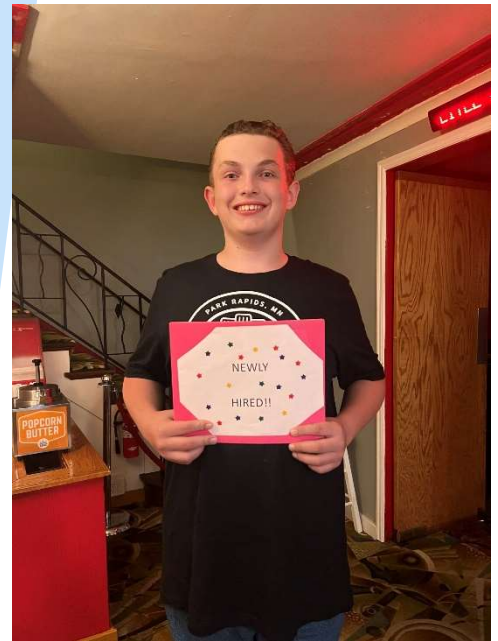
- Employment may mean something different to each person, which is why we provide a wide opportunity of choices.
- Employment Exploration – introduction to work concepts to help you make an informed choice about what path is right for you.
- Job-seeking skills training
- Employment Development
- Employment Support
- Skills Training
- Short-term job supports (Job Coaching)
- Workplace advocacy and Employer relations

# EMPLOYMENT OPPORTUNITIES



## Pre-Employment Transition Services (Pre-ETS)

- Job Exploration counseling
- Self-Advocacy
- Workplace readiness training
- Work Based Learning
- Internship programs
- Job Shadowing
- Post Secondary/Transition counseling
- Placement and Retention Services







# Prevocational Training and Employment

Bearly Used Thrift store is located on Main Street in Park Rapids and offers employment and prevocational training in a retail store environment. Bearly Used offers employees valuable training in job skills and direct interaction with co-workers and shoppers of the store.



# THE DEPOT

USED FURNITURE • TOOLS • SPORTING GOODS • BUILDING SUPPLY



The Depot Thrift store is located at 320 Career Path in east Park Rapids and offers employment and prevocational training in a retail store environment. Offering employees valuable training in job skills and direct interaction with co-workers and shoppers of the store.

Programming also includes introductions to wood working, metal work and welding, leather work, art, gardening and other life skills to help individuals explore employment options.



## THE TIN CEILING



### Gallery

The Tin Ceiling Gallery is located on Main Street in Park Rapids and offers employment and prevocational training in a retail store and Art Gallery environment. It offers employees valuable training in job skills and direct interaction with co-workers and shoppers of the store.

The Fine Arts program provides artists the high-quality materials and access to art facilities to allow them to explore, learn, create, then show and sell their art along with other emerging artists here in the Gallery.

The retail store and gallery showcases artists of all backgrounds, experiences, and abilities.



For 50 years HCDAC has been providing outstanding person-centered services for the people of Hubbard County. We are extremely proud of the work we do and the staff who provide caring professional services.

In 2022 we received accreditation from CARF, the international accrediting body for organizations like HCDAC. This accreditation is the result of our strong commitment to value every person the agency serves.

We value:

Integrity

Respect

Compassion Creativity

Adaptability

Personal Growth

To learn more about HCDAC and our programs and services, visit us at:

<https://www.facebook.com/HubbardCountyDAC>

[www.hcdac.org](http://www.hcdac.org)

<https://www.facebook.com/profile.php?id=100063748922234>

<https://www.facebook.com/BearlyUsedThriftStore>

<https://www.facebook.com/TheTinCeilingDac>

## **Locations**

### **Administrative Office**

113 Main Avenue South

2nd Floor

Park Rapids, MN 56470

Phone; 218-237-8522

Fax: 218-237-8519

### **DAC Main**

109 Pleasant Avenue South

Park Rapids, MN 56470

Phone: 218-237-8512

Fax:218-237-8519

### **Community Employment Services**

1008 park Avenue South'

Park Rapids, MN 56470

Phone: 218-366-3350

### **Bearly Used Thrift Store**

423 Main Avenue south

Park Rapids, MN 56470

Phone: 218-237-8514

Fax: 218-237-8519

### **The Salvage Depot**

320 Career Path

Park Rapids, MN 56470

Phone: 218-237-8523

Fax: 218-237-8519

### **The Tin Ceiling**

113 Main Avenue South

Park Rapids, MN 56470

Phone; 218-237-8516

Fax: 218-237-8519